

2-Minute Warm Up Routine

Julius Pranevicius

Deep breath

♩ = 96

IN IN IN IN OUT OUT OUT OUT IN IN IN IN

Scales

♩ = 96

IN IN IN IN IN IN IN IN

IN IN IN IN IN IN IN IN

IN IN IN IN IN IN IN IN

Chords

♩ = 96

IN IN IN IN IN IN IN IN

IN IN IN IN IN IN IN IN

IN IN IN IN IN IN IN IN

2-Minute Warm Up Routine

Open Harmonics

♩ = 96

B0

B2

B1

B12

B23

F0

Deep breath & Sigh

♩ = 96

IN IN IN IN SI - - - - - GH